

AP Psychology Vocabulary Metacognitive Review

Purpose of This Activity

This assignment helps you honestly evaluate how prepared you are for the AP Psychology exam. Instead of reviewing everything the same way, you will identify what you know well, what you need to review, and what requires serious attention.

How to Complete This Assignment

Review the vocabulary list and highlight each term using **three different colors**. This is a **completion grade only**, so honesty is essential.

Color Key

- Green: I know this well and could explain it to someone else
- Yellow: I recognize this term but need to review it
- Red: I do not understand this term and need focused review

Required Review Strategy

Choose **three red terms** and write a short plan for each explaining:

- Why the term is difficult
- How you will review it (notes, videos, practice questions, teaching a peer, etc.)

This activity only works if you are honest with yourself.

AP Psychology Vocabulary List

- Absolute Threshold
- Accommodation
- Acetylcholine (ACh)
- Achievement Tests
- Acoustic Encoding
- Acquisition
- Action Potential
- Activation-Synthesis Theory
- Active Listening
- Actor-Observer Bias
- Adaptation
- Addiction
- Adoption Studies
- Adrenal Glands
- Agonists
- Alcohol
- Algorithm
- All-or-None Response
- Alpha Waves
- Altruism
- Amphetamines
- Amygdala
- Analytical Intelligence
- Anorexia Nervosa
- Antagonists
- Antianxiety Drugs
- Antidepressant Drugs
- Antipsychotic Drugs
- Antisocial Behavior
- Anxiety Disorders
- Aphasia
- Aptitude Tests

- Arousal Theory
- Assimilation
- Association Areas
- Attachment
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Attitude
- Attraction
- Attribution Theory
- Audition
- Authoritarian Parenting
- Authoritative Parenting
- Automatic Processing
- Autonomic Nervous System
- Availability Heuristic
- Aversive Conditioning
- Axon
- Axon Terminals (Terminal Buttons)
- Babbling Stage
- Barbiturates
- Basal Metabolic Rate (BMR)
- Behavior Therapy
- Behaviorism
- Belief Perseverance
- Binge-Eating Disorder
- Binocular Cues (Retinal Disparity, Convergence)
- Biofeedback
- Biological Psychology
- Biopsychosocial Approach
- Bipolar Disorder
- Blind Spot
- Bobo Doll Experiment
- Borderline Personality Disorder (BPD)
- Bottom-Up Processing

- Broca's Area
- Bystander Effect
- Cannon-Bard Theory of Emotion
- Case Study
- Cell Body (Soma)
- Central Nervous System (CNS)
- Central Route Persuasion
- Cerebellum
- Cerebral Cortex
- Change Blindness
- Chunking
- Circadian Rhythm
- Classical Conditioning
- Clinical Psychology
- Cocaine
- Cochlea
- Cognition
- Cognitive Dissonance Theory
- Cognitive Map
- Color Constancy
- Companionate Love
- Concepts
- Concrete Operational Stage
- Conditioned Response (CR)
- Conditioned Stimulus (CS)
- Conformity
- Confounding Variable
- Consciousness
- Conservation
- Contact Comfort
- Content Validity
- Context-Dependent Memory
- Continuous Reinforcement

- Control Group
- Corpus Callosum
- Correlation
- Correlation Coefficient
- Critical Period
- Culture
- Debriefing
- Deindividuation
- Dependent Variable
- Depressants
- Depth Perception
- Descriptive Statistics
- Developmental Psychology
- Difference Threshold (Just Noticeable Difference)
- Discrimination
- Dissociative Identity Disorder (DID)
- Dopamine
- Double-Blind Procedure
- Drive-Reduction Theory
- DSM-5
- Dual Processing
- Echoic Memory
- Effortful Processing
- Egocentrism
- Electroconvulsive Therapy (ECT)
- Electroencephalogram (EEG)
- Encoding
- Endocrine System
- Endorphins
- Episodic Memory
- Experiment
- Experimental Group
- Explicit Memory

- Extinction
- Extrinsic Motivation
- False Memory
- Feature Detectors
- Flashbulb Memory
- Forebrain
- Forgetting
- Formal Operational Stage
- Frontal Lobes
- Functional MRI (fMRI)
- Fundamental Attribution Error
- GABA
- General Adaptation Syndrome (GAS)
- General Intelligence (g factor)
- Generalization
- Gestalt Principles
- Glial Cells
- Habituation
- Hallucinogens
- Heritability
- Heuristic
- Hierarchy of Needs
- Hippocampus
- Homeostasis
- Humanistic Psychology
- Hypothalamus
- Hypothesis
- Implicit Memory
- Independent Variable
- Informed Consent
- Insight
- Intelligence
- Interference

- Intrinsic Motivation
- Introspection
- James-Lange Theory of Emotion
- Language
- Latent Learning
- Law of Effect
- Learned Helplessness
- Learning
- Limbic System
- Long-Term Memory
- Longitudinal Study
- Magnetic Resonance Imaging (MRI)
- Major Depressive Disorder (MDD)
- Medulla
- Memory
- Mental Set
- Mere Exposure Effect
- Meta-Analysis
- Midbrain
- Mirror Neurons
- Misinformation Effect
- Mnemonics
- Modeling
- Mood
- Motivation
- Motor Cortex
- Multiple Intelligences
- Myelin Sheath
- Natural Selection
- Naturalistic Observation
- Nature vs. Nurture
- Negative Reinforcement
- Neuron

- Neurotransmitters
- Norms
- Obedience
- Object Permanence
- Observational Learning
- Operant Conditioning
- Operational Definition
- Opiates
- Opponent-Process Theory
- Overconfidence
- Parallel Processing
- Parasympathetic Nervous System
- Partial Reinforcement
- Perception
- Peripheral Nervous System (PNS)
- Personality
- Phobia
- Placebo Effect
- Plasticity
- Pons
- Positive Reinforcement
- Post-Traumatic Stress Disorder (PTSD)
- Prejudice
- Priming
- Proactive Interference
- Procedural Memory
- Psychology
- Psychotherapy
- Punishment
- Random Assignment
- Rehearsal
- Reliability
- REM Sleep

- Replication
- Reticular Formation
- Retrieval
- Retroactive Interference
- Schizophrenia
- Schemas
- Selective Attention
- Self-Actualization
- Self-Serving Bias
- Sensation
- Sensorimotor Stage
- Serial Position Effect
- Shaping
- Short-Term Memory
- Signal Detection Theory
- Sleep
- Social Psychology
- Social Loafing
- Split Brain
- Spontaneous Recovery
- Standard Deviation
- Statistical Significance
- Stress
- Structuralism
- Survey
- Sympathetic Nervous System
- Synapse
- Systematic Desensitization
- Thalamus
- Tolerance
- Top-Down Processing
- Transduction
- Unconditioned Stimulus (UCS)

- Unconditioned Response (UCR)
- Validity
- Variable-Ratio Schedule
- Vestibular Sense
- Weber's Law
- Wernicke's Area
- Withdrawal